**BIRAC CTN - DIABETOLOGY** 

#### Quarterly Newsletter : 14(June 2024 - August 2024)

### Introduction

The Clinical Trial Network (CTN) for Hospital-Based Trials in Diabetes is hosted by the Biotechnology Industry Research Assistance Council (BIRAC), which was formed by NBM under the Department of Biotechnology (DBT) of the Government of India. BIRAC serves as a facilitator, allowing growing biotech enterprises to engage in forward-thinking and strategic research activities while meeting the country's product development requirements.

For a period of over three years, the Multi-Centered Diabetes Registry has been an integral part of the Clinical Trial Network for Hospital-Based Trials in Diabetology, which includes seven hospitals across India. We have enrolled a total of 25279 diabetes mellitus patients for this registry and has followed –up 5467 so far.

Our research teams explores major trends and emerging patterns in diabetes in India using novel methods of risk factor identification. We are committed to working together to advance our understanding of diabetes. Through our newsletter series, you may learn about the success of our network, which brought together researchers and medical professionals from seven centers to address diabetes concerns. Content

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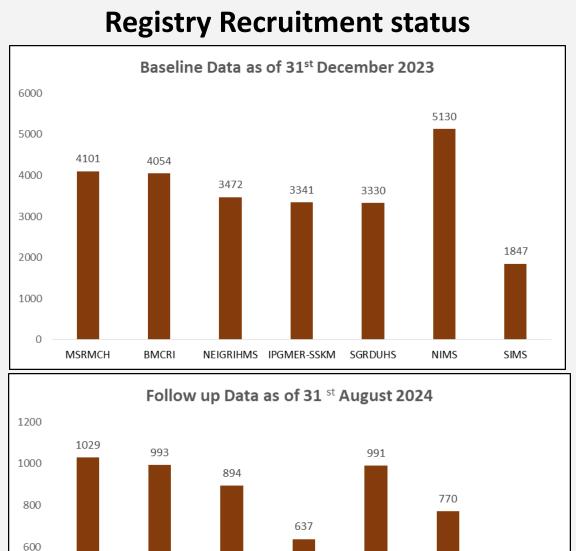
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# JOURNEY SO FAR

**Events held : From 1<sup>st</sup> June 2024 to 31<sup>st</sup> August 2024** 

#### **Diabetes Registry**

The Hospital Based Multi Centric Diabetes Registry has captured baseline data of 25,279 participants as of 31<sup>st</sup> December 2023 and follow up data of 5467 participants as of 31<sup>st</sup> August 2024.



SGRDUHS

NIMS

NEIGRIHMS IPGMER-SSKM

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200

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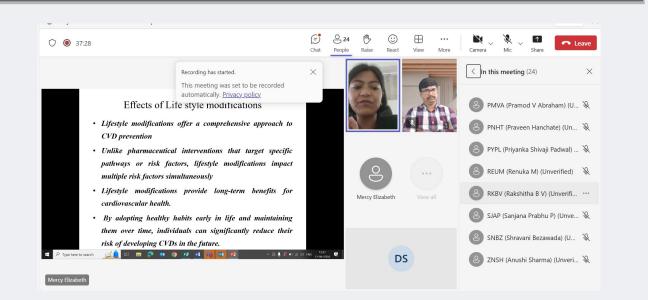
Dr Pramila Kalra presented a topic on critical insights from pan India diabetes mellitus registry on clinical society meeting at MS Ramaiah Medical College and Hospitals Bangalore On 23<sup>rd</sup> August 2024



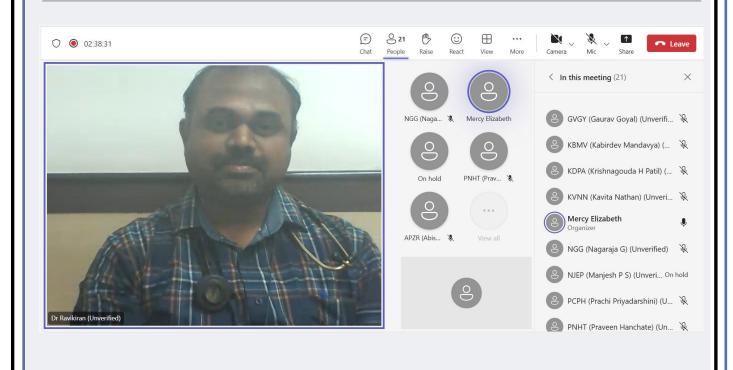


#### **ACTIVITIES IN NETWORK MODE**

#### Novo Nordisk Cardio-metabolic Disorders Education Module on 12<sup>th</sup> June2024



#### Novo Nordisk Cardio metabolic disorder Education Module on 10<sup>th</sup> July 2024



#### **ACTIVITIES IN NETWORK MODE**

### Novo Nordisk Cardio-metabolic Disorders Education Module on 14<sup>th</sup> August 2024

()		control Pop out Chat People Raise	C: H C H React View Rooms Apps	More Camera	Mic Share
indirect body 1	mass measures				
	BMI	WC	WHR		
	Underweight <18,5	Women	Women		
	Norm 18,5-24,9	<ul> <li>Norm &lt;80 cm</li> </ul>			
	Overweight 25-29,9	<ul> <li>Overweight 80cm- 88cm</li> <li>Obesity &gt;88 cm</li> </ul>	≤ 0,8		
	Obesity Grade I 30-34,9	Men	Men		
	Obesity Grade II 35-39,9	<ul> <li>Norm 94 cm</li> </ul>			Dr Sreejith N Kumar (Guest)
	Obesity Grade III ≥ 40	<ul> <li>Overweight 94cm-102 cm</li> <li>Obesity&gt;102 cm</li> </ul>	≤ 0,95		A
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			August 2		Education
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:02:46	Mod	ule on 27 <sup>th</sup>	August 2	024	Mic Le Mic Le this meeting (22) KVNN (Kavita Nathan) (Unveri Mercy Elizabeth Organizer NGG (Nagaraja G) (Unverified)

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#### PATIENT AWARENESS PROGRAM FOR DIABETES MELLITUS CONDUCTED AT NEIGRIHMS, SHILLONG, FROM 29<sup>th</sup> August 2024





Patient Awareness Program for Diabetes Patients on 30<sup>th</sup> August 2024, conducted at MS Ramaiah Medical College and Hospital Bangalore



### Health Communication- Lifestyle Medicine Conference held on 26th &27th August 2024 SGRDUHS Amritsar Punjab





